

## Foster-Skiles gift to fund healing garden



Martha Foster-Skiles and Blair Skiles

A **GENEROUS GIFT** of \$3 million from the estate of **Martha Foster-Skiles** will provide a place of solace for patients and family members engaged in the fight against cancer at Baylor University Medical Center at Dallas.

The gift will fund The Martha Foster-Skiles Healing Garden, also called “Lovie’s Garden.” The garden will be built in front of the Baylor Charles A. Sammons Cancer Center’s new outpatient cancer building.

“I called Martha ‘Lovie,’ and she was the love of my life,” said her husband, **Blair Skiles**. “We’re creating something special to honor a beautiful woman and to give patients and their families pleasure, contentment and rest when they come for appointments and treatments. I’m also pleased that this donation will help patients at Baylor forever.”

Healing gardens are an important feature in health care settings, as they provide an elusive moment of peace to patients in trying times. Research shows that natural surroundings not only strengthen the immune response in patients receiving strong treatments but also create a respite for patients, families, visitors and staff.

Martha, who passed away in March, was a well-known apparel designer who founded Martha Foster Associates at the Dallas Apparel Mart in 1974. The company manufactures, imports and represents lines of clothing for women and children. She studied costume design, history and illustration at Texas Woman’s University in Denton and started her first company while still a student.

Lovie’s Garden will be the second part of the Baylor Dallas campus named for Martha. An earlier gift named the Baylor Martha Foster Lung Care Center in her honor.

For more information, contact Ellen Dearman at 214.820.7877 or [Ellen.Dearman@BaylorHealth.edu](mailto:Ellen.Dearman@BaylorHealth.edu).

## BRTI celebrates 25 years of second chances

**FIFTEEN YEARS AGO**, **Verna Mitchell** was given a second chance. The active educator and community volunteer’s life was in jeopardy when she was diagnosed with an enlarged polycystic liver.

An evaluation at Baylor Regional Transplant Institute showed that she needed a liver transplant. That new liver allowed her to make a complete recovery and return to her husband, her children and her students. She also became a passionate advocate for organ donation.

BRTI celebrated the many achievements of its first quarter century with a dinner and concert in November in the first private event at the new Margot and Bill Winspear Opera House.

If not for the vital work Baylor Regional Transplant Institute has conducted for the last 25 years, Verna might not have been here to share her story with others.

Verna thanked the family of a teenage girl whose family made the brave decision to allow her organs to be donated for helping save her life. Bank of Texas chairman and chief executive officer and transplant recipient **Norm Bagwell** echoed that sentiment, recognizing his wife, **Robin**, for giving him the kidney he needed to survive.



Dr. Göran Klintmalm, Dr. Carl Groth, Dr. Roy Calne and Dr. Tom Starzl

**Göran Klintmalm, M.D., Ph.D.**, was selected in 1984 to design, develop and direct the Baylor transplant program at the age of 34. As one of the nation’s first transplant institutes, BRTI has since performed more than 6,500

solid organ transplants and become one of a small number of institutions in North America approved to perform islet-cell transplantation. Physicians on its medical staff have helped author the premier textbook on liver transplantation and participated in research that has yielded

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## Baylor seeks to provide ‘shelter in a storm’ for families facing loss of a newborn

**WHEN WE HEAR** the words “palliative care,” our thoughts naturally turn to the final chapter of a long life. Our last thought is of a family facing the death of a newborn child.

But when that shattering moment comes at Baylor University Medical Center at Dallas, **Chaplain Millicent Albert** is there. A member of the neonatal intensive care unit’s palliative care team, Millicent ministers to families coping with the reality that their babies will soon die.

“As I witness the emotional and spiritual distress of these families,” said Millicent, “I see the profound need for a sacred space where parents can spend their final moments with their babies.”

Today, when a baby is expected to die, a portable curtain is drawn around the family in the NICU. Once the parents are ready, the medical staff begins the withdrawal of life support. “As you

*“Providing an extra degree of comfort and compassion for families whose hearts have been broken and whose dreams have been shattered is part of the spirit of Baylor’s mission.”*

■ *Chaplain Millicent Albert*



can imagine, this is not the best place for parents to say goodbye to their precious little ones,” said Millicent.

Instead, a private room, what Millicent describes as a “shelter in a storm” for the family, is needed.

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# 10th annual Celebrating Women luncheon raises \$1.8 million for breast cancer prevention, diagnosis and awareness

THE CELEBRATING WOMEN LUNCHEON reached a pair of important milestones in October, marking its 10th annual event as well as reaching the \$10 million mark in funds raised for breast cancer research, community outreach and expanded technology for the prevention, diagnosis and treatment of breast cancer throughout Baylor Health Care System.

This year's campaign raised in excess of \$1.8 million for Baylor Health Care System Foundation initiatives.

Best-selling author **Kelly Corrigan** captured the attention of an audience of more than 1,300 with her story of the struggles and triumphs she encountered as she and her father fought cancer at the same time. Every guest received a copy of Kelly's book, *The Middle Place*.

"I had this flawed assumption that life is linear, that there was something that turns you into an adult," Kelly said. "I thought I was all grown up, but then I was told I had a raging case of breast cancer. Instead of turning me into an adult overnight, it had the reverse effect. Then I was told, 'your father has bladder cancer,' and I thought, 'This is adulthood.'"

Breast cancer survivor **Lyda Hill, Alinda Wikert** and their late mother, **Margaret Hunt**

BREAST CANCER ADVANCES AT BAYLOR HEALTH CARE SYSTEM	
In the last 10 years, breast cancer technology, community outreach and research have come a long way at Baylor.	
10 YEARS AGO	TODAY
A woman being treated for cancer had to make her own way through a complex health system.	A Baylor nurse navigator partners with her and provides clinical, practical and emotional support to both the woman and her family.
Options for diagnosis were limited.	Advanced digital mammography for screening and diagnosis at 13 imaging centers. Baylor recently acquired a positron emission mammography unit that allows physicians to potentially see cancer before it can be detected by traditional mammography, ultrasound or MRI.
Breast cancer was treated after diagnosis, and there was little emphasis on prevention.	Expanded prevention counseling services, including personalized risk assessments based on age, family history and genetics. In research, Baylor is conducting advanced work on new cancer vaccines.

**Hill**, were honored with **Circle of Care Awards**.

The event was spearheaded by chairmen **Randi Halsell** and **Karen Halsell, M.D. Debbie Scripps** and **Nancy Scripps** served as the event's underwriting chairmen.

"We are truly grateful for each of the generous donors who have given the gift of hope and healing to the 200,000 women and men nationwide who are annually diagnosed with breast cancer," said Foundation president Rowland K. Robinson.

The continued success of the Celebrating Women campaign is made possible through the

generous support of its many donors, including **Al G. Hill Jr. in memory of Margaret Hunt Hill and in honor of Lyda Hill and Alinda Wikert; Karen Faulkner Key; Mrs. W.H. Smith; Tom Thumb; the Lyda Hill Foundation; the H.L. Hunt Fund of Communities Foundation of Texas/Alinda H. and James R. Wikert; Hunt Consolidated Inc./Hunt Oil Company; Ruth Altshuler; The Marilyn Augur Family Foundation in honor of Randi Halsell and Karen Halsell, M.D.; Sally Beauty Supply LLC; The Wachovia Wells Fargo Foundation; Mary Kay Ash Charitable Foundation; BBVA Compass; Debbie and Ric Scripps; Mary Anne Cree; Mrs. Trammell Crow; The Roy Gene and Pamela Evans Foundation; Margo and Bill Goodwin; Harriet Halsell; Randi Halsell and Karen Halsell, M.D.; in memory of Margaret Hunt Hill and in honor of Lyda Hill and Alinda Wikert; Locke Lord Bissell & Liddell; Sarah Losinger in honor of Patti Kiernan, Katherine Rogers and Carol Seay; Granville C. and Gladys H. Morton Fund of Communities Foundation of Texas/Meredith Woodworth; Park Place Motorcars Dallas; Premier Designs Inc.; Saks Fifth Avenue/Entertainment Industry Foundation; and Dee Collins Torbert/James M. Collins Foundation.**

For more information, contact Kali Bailey at 214.820.2705 or [Kali.Bailey@BaylorHealth.edu](mailto:Kali.Bailey@BaylorHealth.edu).

### Celebrating Women establishes breast cancer research chair

**B**AYLOR HEALTH CARE SYSTEM FOUNDATION announced during the 10th annual *Celebrating Women* luncheon that it has funded the **Celebrating Women Endowed Chair for Breast Cancer Research**.

This chair is an essential building block in creating a center of research excellence for breast cancer. Gifts from Celebrating Women totaling \$1 million will establish this endowment in perpetuity. **Joyce O'Shaughnessy, M.D.**, is the first to hold this chair.

Dr. O'Shaughnessy is a medical oncologist specializing in breast cancer at the Baylor



**Dr. Joyce O'Shaughnessy**

Charles A. Sammons Cancer Center. Recently, the American Society of Clinical Oncology invited her as one of its four keynote speakers at its annual conference, a great honor for her and for Baylor. The organization's members set the standard for patient care worldwide and lead the way in carrying out clinical research aimed at prevention, diagnosis and treatment of cancer.





## Baylor helps study new class of blood thinner

**T**HE SOLTERO CARDIOVASCULAR RESEARCH CENTER (SCRC) at Baylor University Medical Center at Dallas has played a role in a developing dabigatran, a new blood-thinning medication that may be more effective and easier to use for patients with atrial fibrillation.

During atrial fibrillation, the heart's two small upper chambers quiver instead of beating effectively. Blood isn't pumped completely out of them, so it can pool and clot. If a piece of a blood clot becomes lodged in an artery in the brain, a stroke results. About 15 percent of strokes occur in people with atrial fibrillation.

Anticoagulant medications thin the blood and make it less prone to clotting. Warfarin, the most commonly prescribed anticoagulant medication for atrial fibrillation patients, reduces the risk of stroke but increases the risk of hemorrhage and can be difficult to use.

The Phase III RE-LY study, conducted at multiple locations including the SCRC, compared dabigatran with warfarin.

The study used two dosage levels of dabigatran. The higher dose reduced 30 percent more strokes than warfarin, and the smaller dose was just as effective as warfarin. The risk of bleeding

was found to be 20 percent lower with the smaller dose and the same with the larger dose.

Dabigatran offers additional benefits in its ease of use. The current warfarin therapy requires patients to receive monthly blood checks and has many food and drug interactions, while dabigatran has almost none. Also, patients can start and stop dabigatran faster than other drugs.

The drug is under Food and Drug Administration review, which usually takes about two years.

"If you take a medicine or have a medical device, thank a research patient," said **Cara East, M.D.**, medical director of the SCRC and the study's principal investigator at Baylor. "If not for someone being willing to take the time to take part in a study, we wouldn't have these things."

The Baylor portion of the study was conducted over the span of three years and included 56 participants. In addition to Dr. East, **Kevin Wheelan, M.D.**; **Jay Franklin, M.D.**; and **Robert Kowal, M.D.**, helped conduct it. The SCRC is also studying a similar drug called apixaban.

For more information about Baylor's heart and vascular initiatives, contact Ellen Dearman at 214.820.7877 or [Ellen.Dearman@BaylorHealth.edu](mailto:Ellen.Dearman@BaylorHealth.edu).



### From the President

*"Here's to second chances and donors."*

**T**his is how the invocation ended for the 25th anniversary gala for Baylor Regional Transplant Institute. The concert hall full of transplant survivors, caregivers and families gave a hearty *amen to that!*

We reflected on that special evening on the accomplishments of an extraordinary team. We celebrated 25 years of growth, leadership, teamwork and outstanding, specialized patient care. We reflected on history and glimpsed ambitious dreams for the future.

We honored **Boone Powell Jr., John Fordtran, M.D., Ph.D.**, **Göran Klintmalm, M.D., Ph.D.**, and many others. Men who understood and accepted the risks of saying "yes" to Baylor's first organ transplant on a late winter afternoon in 1984.

A call was made, a life was at stake, and transplant surgeons converged in Dallas. John, Boone and Göran, among many others, discussed the complex medical issues. In the end, they did what Baylor leadership has been doing for more than 100 years:

- They did what they thought was right for the patient.
- They did what they thought was right for Baylor.

That was the beginning of...

**Second chances ...** delivered by physicians who have performed more than 8,000 solid organ and blood and marrow transplant surgeries, giving recipients and their families opportunities to live with a different perspective.

**Donors ...** who offer another person the most precious gift possible, the chance for a *better* life, or in many cases, the chance *for* life itself.

**Paying it forward ...** one person at a time. We met Verna. She received her new liver from 15-year-old Laura Mae and gives back by working with troubled students, many the age of her young donor.

**Thanksgiving ...** ingrained in the American character. Every year, we join together to express thanks for all that we have received. How profound this spirit must be for donors and recipients, who are joined together in a way that most of us will never understand.

As we reflect on the transcending values of our nation and our lives, let us thank God for our families, friends and neighbors. Let every home and heart be filled with the spirit of thanks and praise and love on this day and every day.

Lao-Tzu put into words long ago my holiday wish for you today:

"Be content with what you have; rejoice in the way things are. When you realize there is nothing lacking, the whole world belongs to you."

Rowland K. Robinson  
President

Baylor Health Care System Foundation  
[Robinson@BaylorHealth.edu](mailto:Robinson@BaylorHealth.edu)

## Baylor shares insights into its research, introduces Brigonnet to donors

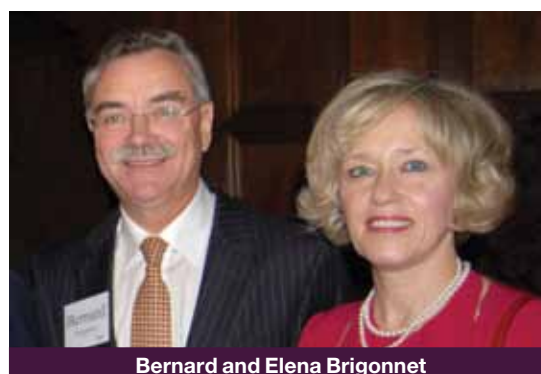
**D**ELIVERING genetic material directly to a diseased organ with the help of tiny bubbles. Using a novel approach to make a teenage girl's psoriasis symptoms disappear. Developing new drugs to treat rheumatoid arthritis and other conditions.

These examples of the translational research being done at Baylor Research Institute were presented in September at the Stoneleigh Hotel as new BRI vice president and chief operating officer **Bernard Brigonnet** introduced himself to Baylor Health Care System Foundation supporters.

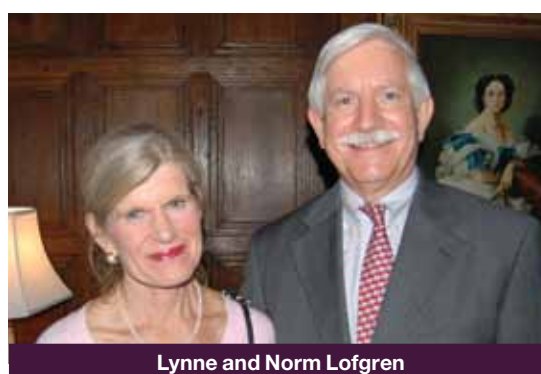
Brigonnet stressed the importance of translational research, which takes results from the laboratory directly to the clinic, where they can make a difference in patient care. But it's a two-way street that also involves taking results from the clinic back to the laboratory to answer questions that arise during patient care.

Brigonnet has spent more than 30 years in the pharmaceutical business, and he envisions a more business-oriented approach at BRI that will help build it into one of the world's leading research and development centers.

"It's been something of an obsession in my life to build big things," Bernard said. "With the assets Baylor Health Care System has, we can achieve big things together and make therapeutic advances for our patients. We want to be the best



Bernard and Elena Brigonnet



Lynne and Norm Lofgren

in the nation and the world, and we have what it takes to get there."

"We are on a journey, and you are all a part of this journey," said BRI president **Michael Ramsay, M.D.**

For more information about BRI, contact Roxann Garcia at 214.820.8196 or [Roxann.Garcia@BaylorHealth.edu](mailto:Roxann.Garcia@BaylorHealth.edu).

### Advances in patient care

**A**t the dinner, physician leaders spoke about advances being made at Baylor and stressed that philanthropy is crucial to creating these advances in patient care.

- **Alan Miller, Ph.D., M.D.**, director of the Baylor Charles A. Sammons Cancer Center, presented his vision for a destination cancer center.
- **Paul Grayburn, M.D.**, spoke about cardiovascular advances, including the possibility of targeted gene therapy to help treat heart disease.

- **Göran Klintmalm, M.D., Ph.D.**, chairman and chief of Baylor Regional Transplant Institute, shared a study of sirolimus, a drug that has been shown to halve the risk of cancer after a liver transplant.
- **John "Jack" Cush, M.D.**, told about drugs that have been developed at BRI to fight arthritis and other rheumatological conditions.
- **Alan Menter, M.D.**, spoke about his work with ustekinumab, a novel drug that has helped clear severe psoriasis symptoms using fewer doses than previous treatments.



## BRTI celebrates first 25 years

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medications now used as standard therapy.

“Dr. Klintmalm has been a shining light in the field of transplant, one that has lighted the way to new life for thousands of our patients at Baylor,” said Joel Allison, president and chief executive officer of Baylor Health Care System. “Without his contributions, the world would be a far darker place.”

Several notable guests in the field of transplantation joined Baylor for the evening, including **Thomas E. Starzl, M.D., Ph.D.**, who is known as the “father of modern transplantation”; **Carl G. Groth, M.D., Ph.D.**; **Sir Roy Y. Calne, M.D.**; **Ronald W. Busuttil, M.D., Ph.D.**; **Suzanne McDiarmid, M.D.**; **Gary Davis, M.D.**; **William Bennett, M.D.**; and **Doris A. Taylor, Ph.D.**

The event’s honorary chairmen were **John Fordtran, M.D., Ph.D.**, and **Boone Powell Jr.** Dr. Fordtran was chief of the department of internal medicine in 1984, and Powell was the president and chief executive officer of Baylor

Health Care System. Both men played instrumental roles in establishing BRTI.

After dinner, guests were treated to selections from Mozart’s operas performed by the Fort Worth Opera and Fort Worth Symphony Orchestra.

“We have a long history of achievements at Baylor in the field of transplantation, but we cannot rest on our laurels,” Dr. Klintmalm said. “We can’t keep what we have if we don’t keep working at it.”

In the future, BRTI seeks to be recognized as a leader in research, medical education and academic contributions while delivering quality, compassionate patient care. To do so, the institute needs philanthropic support to help increase its research infrastructure, support scholarly and academic initiatives, expand its transplant fellowship programs and anchor BRTI leadership for the future.

For more information, contact Drew Oleson at 214.820.4721 or [Drew.Oleson@BaylorHealth.edu](mailto:Drew.Oleson@BaylorHealth.edu).



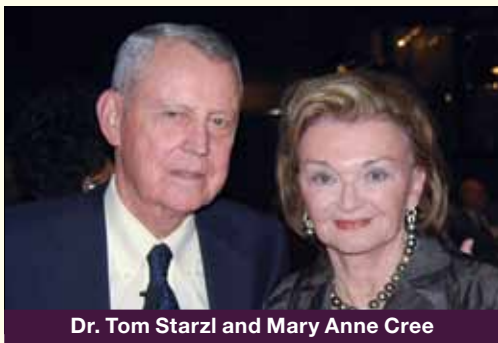
Dr. Göran Klintmalm, Margaret and Chris Vonder Hoya



Boone Powell Jr., Rowland K. Robinson and Dr. John Fordtran



Ann and John McReynolds and Marsland Johnson



Dr. Tom Starzl and Mary Anne Cree

## Chiles’ \$500,000 gift benefits nursing scholarship program in Waxahachie

**B**AYLOR MEDICAL CENTER AT WAXAHACHIE received a \$500,000 donation from a Waxahachie family to benefit the hospital’s *Advancing Nursing Excellence* program. The donation was made possible through the generosity of **Wanda Williams Chiles in memory of her late husband, W. Brown Chiles Jr.**

Advancing Nursing Excellence is a multi-pronged program to build a highly educated nursing staff and respected nursing leadership at Baylor Health Care System. This contribution will be used to award scholarships to Baylor Waxahachie nurses and non-nursing employees who wish to pursue further education in the nursing field.

“Generous gifts like these not only allow Baylor Waxahachie to recruit and retain highly educated nurses, but also ensure our patients continue to receive the quality care we are so proud to offer,” said Baylor Waxahachie president **Jay Fox**. “The ability to provide our staff access to opportunities to pursue advanced degrees is a great benefit. We are grateful to the Chiles family for their support as we continue to care for the growing communities of Ellis County and the surrounding areas.”

**John Chiles**, the brother of W. Brown Chiles Jr., helped facilitate the gift. Both grew up in Waxahachie, and the Chiles family has a long-standing history of supporting the community. Wanda and her late husband have supported Baylor Waxahachie since 2001. This gift is a reflection of the family’s passion for nursing and the community.

Like many hospitals, Baylor Health Care System is in need of registered nurses. In the state of Texas, 10 percent of registered nursing positions are unfilled. Advancing Nursing Excellence is just one of many initiatives Baylor is undertaking to meet our demand for nursing professionals.

“Many of our employees dream of pursuing higher education but cannot leave full-time employment to attend college,” said **Cindy Murray**, chief nursing officer at Baylor Waxahachie. “This donation will give Baylor Waxahachie employees a chance to fulfill that dream while still working part-time, an opportunity which would have otherwise been unattainable.”

For more information, contact Drew Oleson at 214.820.4721 or [Drew.Oleson@BaylorHealth.edu](mailto:Drew.Oleson@BaylorHealth.edu).

## Wares’ \$500,000 gift to keep medical history alive



Dr. Elgin Ware Jr. and Karen Ware

**E**LGIN WARE JR., M.D., has always had a keen interest in medical history, and he wants to be sure that its lessons are not lost on the doctors of the future.

The retired Baylor urologist and his wife, **Karen**, have established a trust that will eventually create the *Elgin W. Ware Jr., M.D., Lectureship in Medical History*. The endowed fund will establish an annual medical history lecture for physicians at Baylor University Medical Center at Dallas.

“It’s very meaningful for us to do something for Mother Baylor,” Dr. Ware said. “It’s been my life.”

The Wares hope the lectureship will allow younger doctors to understand how medicine has progressed and diseases were overcome.

“Physicians should know that there’s a whole world out there in addition to what we do in clinical practices every day,” he said.

Dr. Ware interned at Baylor Dallas in 1946 and practiced there from 1953 to 2003. Karen grew up around Baylor, as her father was in charge of landscape maintenance at the hospital when she was a child.

“Dr. Ware’s lifelong love of history, and especially the history of medicine, enriched his personal and professional life,” said their attorney, **Lynne Candler**, who guided them through the estate planning process. “He has always believed that he became a better physician by his continuous pursuit of education about the human condition – history, language, arts, culture, science and spirituality.”

“I thought it would be of some interest to the house staff,” Dr. Ware said. “As doctors get older, they get more interested in medical history.”

When the Wares became interested in making the gift, they consulted with **Michael Emmett, M.D.**, the chairman of the department of internal medicine at Baylor Dallas, and **John Fordtran, M.D.**, director of gastrointestinal physiology at Baylor Dallas. Together with Baylor Health Care System Foundation, they helped determine the best way to use the Wares’ generous gift.

This isn’t the first time the Wares have been involved in such projects.

Dr. Ware helped organize the Texas Medical Association’s historical committee in 1990 and served as its chairman until 2000.

It was during that period that he established the Elgin W. Ware Jr./Texas Medical Association Collection of prints and drawings at the Blanton Museum of Art on the University of Texas at Austin campus. The prints, some of which date to the Renaissance, all relate to medicine or some facet of the human condition.

“Medical history continues to evolve. The last chapter hasn’t been written yet,” Dr. Ware said. “I just wish I could live long enough to see someone discover the mystery of cancer here at Baylor.”

For more information on gift planning, contact Cynthia Krause at 214.820.7928 or [Cynthia.Krause@BaylorHealth.edu](mailto:Cynthia.Krause@BaylorHealth.edu) or Jayne Grimes at 214.820.4771 or [Jayne.Grimes@BaylorHealth.edu](mailto:Jayne.Grimes@BaylorHealth.edu).



## GRAND ROUNDS®

### Grand Rounds generates record amount for graduate medical education

**M**ORE THAN 180 GOLFERS combined a good time on the golf course with support for graduate medical education at Baylor Health Care System by playing in the Grand Rounds Golf Tournament, presented by **Bank of Texas**.

The annual event, held for the first time at Northwood Club in Dallas, set a record, raising more than \$263,000 to help Baylor Health Care System fund training for the doctors of tomorrow.

**BremnerDuke Healthcare Real Estate, Crothall Services Group and Brandt Engineering** were platinum sponsors, and **CBRE** was the event's gold sponsor. **Park Place Motorcars Dallas** sponsored the hole in one. A total of 84 companies supported the event.

The event's overall winner was the **CapForm**

**Inc.** team of **Adam Bellissimo, Greg Perrin, Jim Renaud and John White**. The morning winner was the **Aon Corporation** team made up of **Dominic Colaizzo, Roy Hendrix, Patrick Richter and Kitty Mann**.

The tournament was followed by a reception and celebrity dinner in the clubhouse with guest speaker **Don January**.

Don, a winner of 10 PGA Tour titles including the 1967 PGA Championship, shared stories about his days on tour and some of the golf luminaries he has spent time with.

Baylor's graduate medical education program attracts some of the nation's best young physicians to North Texas. More than 200 residents and fellows in 32 specialty and subspecialty programs train at Baylor and its affiliated hospitals every year.

"Excellence in patient care and research begins



**Brent Harman, Steve Boyd, Baylor Health Care System president and chief executive officer Joel Allison and Walker Harman**

with excellence in medical education," said Foundation president Rowland K. Robinson. "Your support ensures that we can continue to offer quality graduate medical education programs and train the doctors who will serve this community for decades to come."

For more information, contact Jacqueline Hill at 214.820.2229 or [Jacqueline.Hill@BaylorHealth.edu](mailto:Jacqueline.Hill@BaylorHealth.edu).

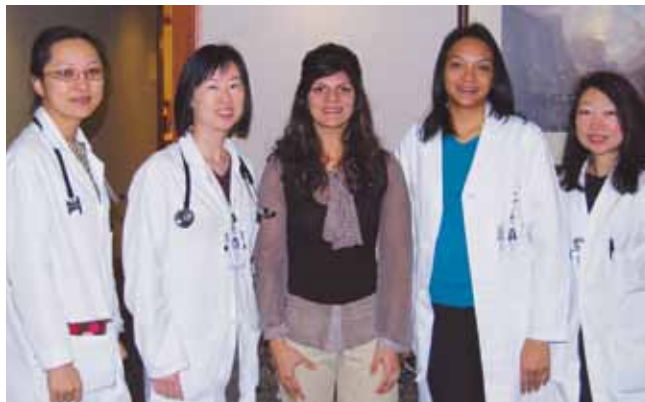
### Baylor plans for more oncology fellowships

**P**HYSICIANS' ABILITY to diagnose, treat and prevent cancer has evolved rapidly with advances in medical knowledge and technology. But a rising need for medical oncologists could still create a cancer care crisis.

"The population is increasing in age, and there is a shortage of medical oncologists," said **Marvin Stone, M.D.**, associate director of the Baylor Charles A. Sammons Cancer Center and director of oncology education and quality. "We need to train

young physicians who choose this field of endeavor, and fellowship training is the best way of doing that."

A fellowship is specialty training that physicians undertake after completing medical school, a one-year internship and a three-year residency. This training gives oncology fellows the skills they will need to provide quality patient care, interpret critical data within the discipline, conduct sound clinical studies and train future internists.



**Baylor oncology fellows: Dr. Yan Ma, Dr. Ling Ma, Dr. Vibha Taneja Thomas, Dr. Lova Arenivas and Dr. Pamela MacKenzie**

Dr. Stone plans to expand the program next year to six fellows and from two years of study to three. At the same time, he wants to give fellows training that will give them the opportunity to become certified in both medical oncology and

hematology. He hopes to further increase the number of fellows from six to nine by 2013. For this to happen, Dr. Stone will rely on the generosity of Baylor Health Care System Foundation donors.

"The only way we can be sure to have

adequate cancer care in our community and in our state is to continue to invest in the education of new medical oncologists," said **Steve Paulson, M.D.**, president and chairman of the board of Texas Oncology.

Forty-two fellows have completed the program since it began in 1975 (including Dr. Paulson), with two-thirds of the physicians going on to serve the North Texas community.

During training, fellows treat virtually all solid tumor and hematologic malignancies. Physicians at Baylor Dallas see more than 2,000 patients with newly diagnosed cancers each year, providing the fellows the opportunity to take on increasing responsibility for acutely and chronically ill patients. As many of these patients are placed on clinical trials, the fellows become familiar with the design and interpretation of experimental treatments.

For more information, contact Drew Oleson at 214.820.4721 or [Drew.Oleson@BaylorHealth.edu](mailto:Drew.Oleson@BaylorHealth.edu).

### Petsches create \$300,000 gift annuity to honor physicians

**W**HEN **ARNOLD PETSCH** was diagnosed with a heart flutter during a routine physical examination, physicians on the medical staff at Baylor University Medical Center at Dallas were able to correct it before it became a serious problem.

**Paul Neubach, M.D.**, told him of a procedure that could help and referred him to **Jay Franklin, M.D.**, a cardiologist who performed the procedure.

In recognition of the excellent care he receives at Baylor University Medical Center at Dallas, Arnold and his wife, Kathy, have established their fifth gift annuity through Baylor Health Care System Foundation for \$300,000.

"We wanted to show our appreciation," Arnold said. "Dr. Neubach takes care of my whole family. And Dr. Franklin and his entire staff are a bunch of wonderful people. I respect and admire both of them."

Half of the gift will fund cardiovascular education and research. Dr. Neubach has requested that the other half go toward internal medicine training programs at Baylor Dallas.

The internal medicine residency and cardiovascular and cardiology fellowship programs are among 32 graduate medical education programs at Baylor. Sponsoring a resident or fellow helps improve the quality of patient care and maintains a valuable health care asset for the Dallas community.

The annuity will provide the Petsches a fixed income payment for life.

"It's a very good retirement tool," Arnold said. "It's a steady income, and the hospital benefits as well. I think it should be part of estate planning for all people."

For more information about planned giving, contact Cynthia Krause at 214.820.7928 or [Cynthia.Krause@BaylorHealth.edu](mailto:Cynthia.Krause@BaylorHealth.edu) or Jayne Grimes at 214.820.4771 or [Jayne.Grimes@BaylorHealth.edu](mailto:Jayne.Grimes@BaylorHealth.edu).

*"The only way we can be sure to have adequate cancer care in our community and in our state is to continue to invest in the education of new medical oncologists."*

■ **Dr. Steve Paulson**

Baylor's program currently trains five fellows at a time in a two-year course of study.

## GIFT PLANNING

## Provision allows for tax-free IRA rollover gift before year's end

**WOULD YOU LIKE** to make a significant gift this year to a program or area within Baylor Health Care System that's made a difference in your life or the life of a family member? Is there a physician or nurse you want to honor or thank?

If you are at least 70½ years old, you can make a direct charitable gift to Baylor Health Care System Foundation of up to \$100,000 this year from your IRA assets without having to pay federal taxes on it. This special provision expires on December 31, 2009.

You can maximize the benefit of this special "IRA rollover gift" by using the full authorized amount of \$100,000. This would permit you to reduce the size of your IRA without paying federal estate taxes. It would also allow you to make a substantial gift to Baylor at a time when such contributions are especially needed.

You could also make a smaller gift, such as a gift of your required distribution for 2009. As an example, Jane is 71 years of age and must withdraw almost 4 percent of the total value of her \$800,000 IRA, or \$32,000. She'll then have to pay income tax on this amount.

Instead, Jane could make a distribution of \$32,000 to the Foundation as an outright gift. The amount "rolled over" to Baylor is not subject to federal tax, and it satisfies Jane's distribution requirement. Because the gift goes directly to Baylor, there is no income tax charitable deduction.

There are also other ways to make charitable gifts from your IRA. Members of the Foundation's gift planning team are available to tell you about them. Contact Cynthia Krause or Jayne Grimes at 214.820.3136 for more information.

*Note: Talk to your tax advisor to be sure a rollover gift would be appropriate for you.*

## ON THE BOARD

SHANNON SKOKOS

**NEW BAYLOR HEALTH CARE SYSTEM FOUNDATION** board member **Shannon Skokos** is an author, photographer and retired attorney. An African safari trip several years ago inspired her to create her new coffee table book, *Ask God's Creatures and They Will Teach You*. Shannon is a former Miss Arkansas who used the scholarship money that came with her crown to fund an undergraduate degree from the University of Arkansas and a law degree from the University of Arkansas at Little Rock School of Law. She and her husband, **Ted**, formed the Ted and Shannon Skokos Foundation to advance education, the arts, science and religion.



Shannon Skokos

**Do you have a special story about an experience with Baylor?**

After surgery for severe lower-back pain, I sought physical therapy at Baylor Spine Center. To my surprise, the therapist began treating my hips. He

explained that they were incorrectly rotated, and that was the underlying cause of my back problems. Only then did someone finally begin treating the cause so that the pain did not reoccur. Thank you, **Edwin Mones, P.T.**

**Describe your family.**

My parents worked multiple jobs and sacrificed much so that I could have all the necessities of life and more. They taught me responsibility, unconditional love and to respect and appreciate the important things. Ted is the love of my life. I thank God for bringing an angel to watch over me and bring me such joy. He is my soul mate and my best friend.

**Tell us about your dream vacation.**

Ted first took me in 2005 to South Africa on a photographic safari. I witnessed with awe the strength of the wildlife and its surrounding ecosystem and marveled at the respect shown by the vastly different species. I became convinced that there was much to be learned through studying God's creatures. This led to a 3½-year study of the animals that culminated in my scripturally based, photographic coffee table book. All

profits will go to charity.

**Do you have an experience that shaped how you think?**

While I was in law school, my landlord said that he was selling my leased condominium but was giving me first right of refusal to purchase it. A man named **Pat Riley** offered to purchase the condominium and lease it to me at a reduced price. He said, "All I ask is that when you are able, help someone else the way I am helping you." I call this The Riley Rule. I simply hope that one day, one or more of the individuals I am helping will help someone else.

**What is the highlight of your career?**

As Miss Arkansas, I began a youth motivational program. There was no greater joy than to have those small arms wrap themselves around my legs as they looked up and said "thank you." I received more than 50,000 letters from kids that year, and I loved writing each of them back, encouraging them to not make excuses and to dream big.

To read Shannon's complete profile, go to [BaylorHealth.com/thetorch](http://BaylorHealth.com/thetorch).

## FOCUS ON RESEARCH

## Study investigates cherries' pain-relieving properties in arthritis sufferers

**FOR THE ESTIMATED 27 MILLION** Americans who suffer from osteoarthritis, pain relief may come with a cherry on top. According to researchers with the Baylor Research Institute, tart cherries, in pill form, may be a promising pain reliever for this common and debilitating form of arthritis.

More than half of the patients enrolled in a pilot study at the Baylor Research Institute experienced a significant improvement in pain and function after taking the cherry pills for eight weeks. Osteoarthritis, the most common type of arthritis, is considered degenerative and typically affects the hands, feet, spine and large weight-bearing

joints, such as the hips and knees. Patients with osteoarthritis of the knees were enrolled in this pilot study to assess potential efficacy of the tart cherry pills.



Dr. Jack Cush

"The current treatment of osteoarthritis is largely focused on controlling pain through use of over-the-counter acetaminophen or prescription pain medications as well as non-steroidal anti-inflammatory drugs," said rheumatologist **John "Jack" Cush, M.D.**, the study's principal investigator. "These

conventional medications are widely used but have not been shown to alter the natural history of the disease. In some cases, overuse may contribute to significant gastrointestinal, cardiovascular, hematologic, renal and liver toxicity."

Made from Montmorency tart cherries, the preparation given to patients participating in the study is made up of ground whole cherries and given as a soft gelatin capsule (marketed under the brand name CherryFlex).

"This specific type of tart cherry is one of the best studied natural products and anecdotally has been claimed to have a salutary effect on osteoarthritis and other types of arthritis as well," Dr. Cush said.

Baylor Research Institute together with the Arthritis Care & Research Institute is conducting a second study, which will test cherry pills versus placebo in an eight-week double blind study.

For more information about Baylor Research Institute, contact Roxann Garcia at 214.820.8196 or [Roxann.Garcia@BaylorHealth.edu](mailto:Roxann.Garcia@BaylorHealth.edu).



## Comforting families facing the loss of a newborn

*Continued from p. 1*

Baylor Health Care System Foundation is raising funds for just such a room. It will be a private, serene space adjacent to the NICU where all family members can gather to say goodbye.

“The families often have very little time to spend with their babies”, said Millicent,” and what time they do have left is priceless.”

For more information, contact Kelly Thomas at 214.820.4443 or [Kelly.Thomas@BaylorHealth.edu](mailto:Kelly.Thomas@BaylorHealth.edu).

### Service remembers babies gone too soon

Parents remembered babies lost soon after birth during a special memorial service in October held by the department of pastoral care and counseling at Baylor University Medical Center at Dallas.

A memorial area was set up at Penland Chapel for parents to display mementos, flowers and other items. Then, through the power of music, dance, inspirational readings and pastoral reflection, parents were encouraged to take comfort in knowing that their babies' lives, no matter how short, touched many others.

Parents shared letters, poems and thoughts about their babies. One mother shared a beautiful letter she had

written to her baby girl, as well as passages from a book that brings her comfort: *Mommy, Please Don't Cry: There Are No Tears in Heaven*.

Parents said they felt encouraged, valued and supported knowing that their babies will be remembered and honored by many, said **Chaplain Millicent Albert**.

“It was a truly wonderful opportunity for parents to memorialize and honor their babies in a special way along with other parents,” she said.

For more information, contact Jayne Grimes at 214.820.4771 or [Jayne.Grimes@BaylorHealth.edu](mailto:Jayne.Grimes@BaylorHealth.edu).



*From the  
Chairman*

“The phone call came while I was in the office. The doctor said, ‘I want you to come to my office right now, and I don’t want you to drive.’ He said it twice. I was told I had three to six months to live.”

**Brian Monaghan** was a highly successful plaintiff’s attorney in San Diego when he and his wife, **Gerri**, stepped into the doctor’s office more than 10 years ago and heard Brian’s diagnosis – two brain tumors resulting from Stage IV melanoma. He had a 15 percent chance of survival. As Brian says, “there is no Stage V.”

Though his situation looked bleak, there was still hope for Brian and Gerri, hope provided in part by generous gifts to Baylor Health Care System Foundation.

Their battles ranged from 8½ hours of brain surgery while awake to Gamma Knife radiosurgery and the experimental dendritic cell vaccine developed at Baylor Institute for Immunology Research.

Work on the vaccine was supported by people like **David Burgher**, who made a donation to recognize **Zeck Lieberman, M.D.** That selfless gift helped fund the research that created the vaccine.

Brian enrolled in a clinical trial that produced a complete recovery. Because of the vaccine, Brian is able to be there for Gerri, his children, his grandchildren and his community.

To show their gratitude, Brian and Gerri are taking steps to help others with similar diagnoses deal with their disease. In September, Brian and Gerri came back to Baylor to discuss their new book, *The Power of Two: Surviving Serious Illness with an Attitude and an Advocate*. “We came back to Baylor because it is a special place,” Gerri said. “The vaccine Brian was given gave him a new lease on life, and we wanted to pay it forward.”

That act of paying it forward, one person at a time, has created an enduring ripple effect. David’s gift funded research that has the potential to save thousands of lives. Many more thousands will be helped by Brian and Gerri’s story. And it all began with one simple act, by one person.

This is just one of the many illustrations of how one person’s support for Baylor can make a difference in many patients’ lives. I want to encourage all donors to get behind this kind of research and others like it. Without this support, life-saving breakthroughs may be slower to be created, if they happen at all.

*Leonard Riggs Jr. M.D.*

Leonard M. Riggs Jr., M.D.  
Chairman, Board of Directors  
Baylor Health Care System Foundation

## Crowley-Carter Foundation funds waiting room

**THE CROWLEY-CARTER FOUNDATION** has made a generous \$250,000 gift that will fund the **Linda and Don Carter Family Waiting Room** in the palliative care unit at Baylor University Medical Center at Dallas.

The Carter family has long been a devoted supporter of Baylor Health Care System initiatives, and their experience with end-of-life issues has inspired them to make this donation.

The new 20-bed palliative care unit will be on the second floor of the cancer hospital that is scheduled to open in 2013. Palliative care

endeavors to relieve suffering and improve the quality of life for patients with advanced, life-limiting, terminal or irreversible illnesses. It addresses all forms of suffering: physical, psychological, spiritual and social.

The waiting area of the palliative care unit has been designed with the patients’ families in mind. It will feature comfortable furniture, a coffee bar and spaces to work, all in a soothing environment.

For more information about palliative care, contact Deborah Barker at 214.820.6144 or [Deborah.Barker@BaylorHealth.edu](mailto:Deborah.Barker@BaylorHealth.edu).

## PHYSICIAN PROFILE

STUART BLACK, M.D.

**STUART BLACK, M.D.**, joined Baylor Health Care System last year as co-medical director of the neuroscience center and chairman of the department of neurology.

An experienced leader, he is the founder and medical director of the Dallas Headache Association and has held numerous offices with the American Headache Society. He was also a clinical professor of neurology at the University of Texas Southwestern Medical School. Dr. Black earned his medical degree from the Indiana University School of Medicine and did his internship and residency training at the University of Miami Jackson Memorial Hospital. Married to former Dallas city manager **Jan Hart Black**, he has two daughters and three grandchildren.



Dr. Stuart Black

### What do you like most about Baylor?

The professionalism and the dedication. I have rarely seen this degree of emphasis directed toward outstanding patient care. I’m also very impressed with the close working relationship between the hospital administration and the hospital medical staff. That is not always the case in hospital environments. I can honestly say that the Baylor leadership is truly focused on providing the best professional environment possible to accomplish the goal of maximum medical benefits for all Baylor patients.

### Where did you grow up? Do you have an experience that shaped how you think?

Chicago. It was post-World War II, and many families were environmentally challenged when I

grew up. But I had marvelous parents who were very dedicated and extremely family-oriented. They provided me the guidance I needed as a youth to succeed as an adult. My mother and father were wonderful people, salt of the earth, and they had a great influence on me.

### What are your hobbies or interests?

I enjoy outdoor activities, hiking and biking. We go to Big Bend twice a year, and we love it.

### To what do you attribute your success?

My family has good values, and I can’t remember a time when I didn’t want to be a doctor. I was fortunate enough to have this dream come true, and hard work has allowed me to reach that goal.

### What is the highlight of your career?

Having the opportunity to be a positive influence on the wonderful young physicians with whom I have the pleasure of working today. To be able to teach and share some of those personal professional experiences with my younger colleagues. This is a marvelous way to complete my career.

### Describe your leadership style.

To be a member of the team. When indicated, to make positive suggestions that may be productive. My style is to earn the respect of the people with whom I work. I consider the term “earn” a big word.

### What lesson did you have to learn the hard way?

To follow your instincts, but be certain they’re supported by appropriate data. So many times, we are exposed to strong influence from well-meaning colleagues. If, however, you are confident with your personal knowledge, use that knowledge to help you evaluate all options carefully before making an important decision.

## Leukemia survivor's second chance comes from near and far

**J**AMES CHIPPENDALE was diagnosed with acute myelogenous leukemia in 2000. After three rounds of intense chemotherapy and radiation, doctors told him his only chance of survival was a bone marrow transplant, and the chances of finding a donor were not good.

But more than 5,000 miles away, **Klaus Kaiser**, a simple man who repairs bicycles in the German village where he was born, had unsuccessfully tried to be a marrow donor for a friend with a blood disorder. Klaus' marrow seemed a perfect match for James. In November 2000, doctors extracted marrow from Klaus' hip and flew it to Baylor University Medical Center at Dallas.

The bone marrow transplant was a success, and today, James' doctors tell him he is cancer free.

"You have one shot at getting a transplant right, so having the best team possible is critically important," he said. "I met with some of the top medical centers around the world, and

they all referred me to the incredible team right in my own backyard: **Joseph W. Fay, M.D.**, hematologic oncologist on the medical staff at Baylor University Medical Center at Dallas, and his transplant staff. I was amazed with their recognition and respect across the globe. The nurses, administrators and doctors gave me the care, strength and confidence to make it through. I now have a second chance at life and am making the most out of it. For this, I owe the team at Baylor my life."

Within the next five years, North Texas will see a 21 percent increase in the number of people needing cancer care. Baylor Health Care System



James Chippendale

wants these patients to have access to advanced cancer prevention, screening, diagnosis, treatment and research – all close to home where they can be supported by their loved ones.

This is why Baylor has undertaken a \$350 million project to create the new Baylor Charles A. Sammons Cancer Center at Baylor Dallas. The new cancer center will include advanced facilities for clinical research, patient care and training the next generation of cancer specialists.

For more information about supporting Baylor's cancer initiatives, contact Ellen Dearman at 214.820.7877 or [Ellen.Dearman@BaylorHealth.edu](mailto:Ellen.Dearman@BaylorHealth.edu).

### MEET THE STAFF



Maria Kalman

**M**ARIA KALMAN hasn't always worked in nonprofits. She never intended to. But she's glad she does now.

That the Baylor Health Care System Foundation finance manager began a second career in the nonprofit world after about 20 years in banking is the result of a happy coincidence.

"I had no plan to go into it. The bank I was working at was sold, so I became a business consultant," Maria said. "One of the CPAs I worked with asked if I would work for a nonprofit. They made me take an accounting test, and I aced it."

It's a field that she found fulfilling right away.

"I really liked it. It's really a very satisfying experience," said Maria, who has been with the Foundation since 2007. "Now I've been in nonprofits for 15 or 16 years. I'm always impressed by people's generosity."

Maria, who was ingrained at an early age by her father to be the best she could be, improved her understanding of the nonprofit world by earning a certification in nonprofit leadership from SMU.

Her satisfaction from working in the field has

been so great that she also spends her spare time trying to better her community through other agencies. She's on the board of Reading and Radio Resource, a Dallas agency that produces audiobooks and radio programs for the visually impaired, the disabled and children with learning challenges.

"I couldn't imagine not being able to sit down and read a book," Maria said.

She was introduced to Reading and Radio Resource through Dallas Blueprint for Leadership, a program that trains and develops minority participation in nonprofit boards. She also has an interest in La Voz del Anciano, which helps Hispanic seniors with issues such as social security, tax returns and health care.

That would be a full life for many people, but Maria's just getting started.

"I run four days a week, and I do yoga and weight training just to stay in shape for the long runs," she said.

Maria was introduced to long-distance running a few years ago by a co-worker. She ran the Rock 'n' Roll San Antonio Marathon in November and is scheduled to run her second Boston Marathon in April.

"To me, it's relaxing," she said. "When you get out there, you don't have phones or faxes. It's just you out there, running. There's also that 'runner's high.' Once you get past mile 8 or 10, it's a good feeling. You just leave it all behind, at least for a few minutes."

She hopes to eventually run a Boston Marathon with one of her sons.

Other hobbies include reading, golf and music.

Despite all her individual accomplishments, Maria considers her family her proudest achievement. She is married to **Berk**, and she has three grown children: **Steve**, **Edmund** and **Alma**, along with three grandchildren, **Nicole**, **Devon** and **Andre**.

"My kids have grown up to be exemplary adults, personally and professionally," she said. "I have had many career highlights, but being 'Mom' is the best title I have held."

## Share the holiday spirit with many at once

Tackling that holiday cards list got you down? We can help! When you make a donation of \$25 or more to Baylor Health Care System Foundation in honor of a friend or family member, we will send them a card announcing your gift.

For more information, contact the Foundation at 214.820.3136 or [thetorch@BaylorHealth.edu](mailto:thetorch@BaylorHealth.edu).



## The torch survey: You answered, we listened

**O**VER THE LAST NINE MONTHS, Baylor Health Care System Foundation has given you an opportunity to talk back to us about *the torch* via an online survey. The results are in, and here's what we've learned.

When it comes to overall quality, selection of articles and photos and design, 75 percent of you rated us "excellent." For writing, everyone who responded gave us a top rating.

You said you'd like to see more personal stories of patients and staff and information about new machines, new practices and special people. We've listened, and we hope you'll find everything you're looking for in this issue.

If you have more feedback, we're still listening. Contact us at 214.820.3136 or [thetorch@BaylorHealth.edu](mailto:thetorch@BaylorHealth.edu).

## THE TORCH® MARCOM AWARD

2009 PLATINUM WINNER  
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To learn more about any Baylor Health Care System Foundation initiative, contact the Foundation at 214.820.3136 or e-mail [thetorch@BaylorHealth.edu](mailto:thetorch@BaylorHealth.edu). Write to us at 3600 Gaston Avenue, Barnett Tower Suite 100, Dallas, TX 75246-1800.