

Chi Omega brings comfort to families of lost babies



Left to right: Chi Omega Christmas Market 2010 chairwomen Kendra Allen, Amy Timmerman and Jennifer Stone; Rowland K. Robinson; Kelly Thomas; Delaney O'Brien; and Carolyn Peck, Chi Omega alumnae president

IN 1987, when **Carolyn Peck** unexpectedly lost her daughter at birth at another Dallas-area hospital, she and her family were disappointed at the lack of support they received as they mourned.

"My physician tapped my husband on the shoulder and said, 'Better luck next time,'" said Carolyn, alumnae president of **Chi Omega** and

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Grand Rounds® Golf Tournament

presented by Bank of Texas®
Benefiting graduate medical education

When: October 3, 2011

Where: Northwood Club

Contact: Andrea Steiger, 214.820.2699,

Andrea.Steiger@BaylorHealth.edu

BaylorHealth.com/GrandRounds

SAVE THE DATE

Celebrating Women Luncheon

presented by Tom Thumb®
Helping Baylor Health Care System fight breast cancer

When: October 28, 2011

Where: Hilton Anatole

Contact: Angela Randall, 214.820.4776,

Angela.Randall@BaylorHealth.edu

BaylorHealth.com/CelebratingWomen

Pomeroy and Betty Smith's gift endows cardiovascular chair, supports education

POMEROY AND BETTY SMITH arrived in Dallas four years ago. Through friends, they became associated with Baylor Health Care System.

They were so impressed with the care they received from **Raymon Aggarwal, M.D.**; **Johannes Kuiper, M.D.**; and **Robert Kowal, M.D.**, that they have made a \$1 million gift that will establish and endow a chair for cardiovascular graduate medical education at Baylor University Medical Center at Dallas.

"Equally impressive is the relationship we have with Baylor Health Care System Foundation personnel," they said. "It has been most helpful in

every way."

This gift will support the cardiovascular fellowship programs and other medical education initiatives relating to cardiovascular care at Baylor Dallas.

The cardiology fellowship program at Baylor Dallas was founded in 1953 and has since graduated 116 fellows. There are currently eight fellowships within the program: six in general cardiology and one each in interventional cardiology and electrophysiology.

The vascular surgery fellowship program was established in 1985 and has graduated 97 fellows. It currently has four fellowships.

Teen's drive, donation create step forward for Baylor Institute for Rehabilitation

NERVE DAMAGE to her right leg keeps **Tori Roberts** from riding a bike and running. She is able to drive using a device that lets her hit the gas pedal with her left foot.

But none of that stopped the Southlake teenager from organizing the **Simple Steps 5K** walk last October in Keller. The event was one of several Tori created to raise awareness and money for spinal cord research and rehabilitation.

From the money she raised, Tori contributed \$10,000 in March to Baylor Institute for Rehabilitation to help fund spinal cord injury research.

When it came time to make her donation, Tori and her family spent many hours researching organizations, looking for the right fit.

"It was no small decision where to put our money, so we spent time and effort doing our homework," said **Ranger Roberts**, Tori's father.

Tori is certain she made the right decision.

"We are 100 percent confident that this money will be put to good use," she said.

Ann Marie Warren, Ph.D., ABPP, who was the associate investigator of spinal cord research at BIR when the gift was made, said the money



Baylor Institute for Rehabilitation president Jon Skinner, Tori Roberts and Rowland K. Robinson

will be used for research that will help improve functional outcomes for those with spinal cord injuries. Possible subjects may include projects investigating psychological effects of spinal cord injuries and the use of aquatics in rehabilitation.

Tori made an impression on Dr. Warren right from the start.

"She just had this passion for creating some way to give back," Dr. Warren said. "I was impressed with her initiative and drive, and the family was so great. We were thrilled to be working with them."

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GRAND OPENING

BAYLOR CHARLES A. SAMMONS CANCER CENTER AT DALLAS

Baylor opens North Texas' largest outpatient cancer center

BAYLOR UNIVERSITY MEDICAL CENTER AT DALLAS became home to North Texas' largest outpatient cancer center in March with the opening of the new Baylor Charles A. Sammons Cancer Center at Dallas.

And it would not have been possible without the contributions of hundreds of generous donors who saw a need and made sure it was met.

"We have many people to thank as we open this new facility," said Rowland K. Robinson, president of Baylor Health Care System Foundation. "As you tour this building, you will see their names prominently displayed. The list of Baylor's supporters goes on and on, and for that, we feel extremely blessed."

The 467,000-square-foot facility marks a new era in cancer care for the Dallas-Fort Worth Metroplex and beyond by offering comprehensive services for cancer patients from initial diagnosis through post-recovery. Baylor Dallas, already the leading cancer care provider in North Texas in terms of patients treated and Consumer Choice data, now brings together multiple phases of cancer care under one roof.

"Between the new facilities, advanced technology, caring staff and innovative research and treatments, there's no need to leave Dallas for quality cancer care," said **John McWhorter**, president of Baylor Dallas. "In fact, we think the new Baylor Sammons Cancer Center is a destination facility that will be bringing cancer patients from other parts of the country to Dallas."

The new Baylor Sammons Cancer Center offers advanced genetic testing to determine cancer risk, sophisticated diagnostic tools, a wide array of treatment options, rehabilitation and follow-up care. Within the 10-story building are specialized clinics focused on specific types of cancer.

This summer, the cancer center is opening the Innovative Clinical Trials Center. The ICTC is dedicated to bringing some of the more promising Phase I clinical trials to Baylor Dallas. **Alan Miller, M.D., Ph.D.**, chief of oncology at Baylor and medical director of the Baylor Sammons Cancer Center, says it will match patients whose cancer has resisted standard treatments with a trial that could offer

additional hope.

In addition, the cancer center will also provide a new home for Baylor Dallas' medical oncology fellowship program dedicated to training tomorrow's leading oncologists.

"We didn't just build the cancer center for the patients of today," Dr. Miller said. "This place also is for the patients of tomorrow, which is why research and education are such major components of this facility."

Besides having what it takes to heal the body, Baylor Sammons Cancer Center is also home to programs that address the nutritional, physical, emotional and spiritual needs of the cancer patient during the journey from diagnosis to recovery.

For more information about cancer initiatives, contact Ellen Dearman at 214.820.7877 or Ellen.Dearman@BaylorHealth.edu.



Tom Hunt Auditorium



Blair Skiles with Shelley, Samuel and Adair Sawyer at the dedication of the Martha Foster Skiles Healing Garden



Front row, left to right: Dee Collins Torbert and Calvert Collins; middle row: Michelle McAdam, Lindalyn Adams and Ruth Altshuler; back row: Chance McAdam, Anders Fisher, Rowland K. Robinson, Richard Collins and Michael Collins



Tim and Peggy Horner, Andrea Horner, Andy Horner, and Donna and Tommy Horner



Baylor Charles A. Sammons Cancer Center



John Dickerson, Jan Dickerson McCarter, Dot Dickerson, Bob Dickerson and Joel Allison

Grant to create unique service animal training program at Baylor

WHEN a disabled patient returns home after an injury, he may need a little helping hand – or a paw. Baylor Health Care System is making plans to provide that help.

Baylor Health Care System Foundation has received a \$600,000 grant to create a service animal training program at Baylor University Medical Center at Dallas, the nation's first service dog organization affiliated with a hospital.

"Service dogs are placed with one individual, and some serve as their arms and legs," said **Linda Marler**, who is currently the education coordinator at Baylor Institute for Rehabilitation and will be the director of the service animal training program. "There are many kinds of service dogs. Some detect seizures before



Linda Marler with therapy dog Eli

they happen; some can detect low blood sugar."

Additionally, these animals can pull wheelchairs, carry and pick things up for people with mobility impairments, assist them with balance and even push elevator buttons and turn switches on and off.

The animals offer companionship, make clients more approachable in public and allow those with disabilities to live a higher-quality, more independent life.

North Texas does not have an organization that trains and provides service animals for persons with disabilities, and there is an approximate three-year wait to receive one. Linda hopes to have

the first group of puppies begin training by the end of the year. It will take approximately 1½ to two years before the first dog is ready to be placed.

U.S. District Judge **Ed Kinkeade**, a member of the Baylor Health Care System Board of Trustees, helped facilitate the gift that will make the program possible.

Baylor currently has an animal-assisted therapy program that uses approximately 90 volunteer dogs, a pony and two parrots. Therapy animals differ from service animals in that they serve more as motivators for patients, families and visitors and help therapists to facilitate a specific movement with a patient.

BIR's resident therapy dog, **Eli**, is often seen playing fetch with patients, and dogs visit BIR five times per week. Therapy dogs also visit patients in waiting rooms at Baylor Jack and Jane Hamilton Heart and Vascular Hospital, the Virginia Cvetko Center and at outpatient therapy clinics at Our Children's House at Baylor and Baylor hospitals in Plano, Irving, Grapevine, Waxahachie, Garland and Carrollton.

Chairmen bring friendship, lots of experience to Celebrating Women luncheon

CO-CHAIRMEN of the *Celebrating Women* 2011 luncheon **Fredye Factor** and **Sarah Losinger** met 13 years ago and became fast friends. They had much in common.

They were reared by loving families with the same values and often laugh that their mothers favored the same sayings.

They share a love of vintage jewelry and hot fudge sundaes.

And it's a bonus that their husbands enjoy each other's company, and the couples have traveled together many times.

Both members of the Baylor Health Care System Foundation board, the women are now using that history and a shared commitment to Baylor Health Care System and women's issues to benefit Celebrating Women, which raises funds to fight breast cancer.

Fredye has helped plan and supervise more than 25 fundraising events for such organizations as the Dallas Symphony Orchestra League, The Science Place, the American Heart Association, A.W.A.R.E. and The Crystal Charity Ball.

Sarah has been active with groups such as the Senior Source, Dallas Women's Foundation, the McCune Foundation, the Conference of Southwest Foundations, the Letot Center, the Alzheimer's Association and The Crystal Charity Ball.

They've worked together on previous events, and they share experiences with breast cancer that

make Celebrating Women important to them.

"I had a friend who was treated at Baylor, and she had a very serious case," Sarah said. "They didn't say anything at the time, but they told her after the fact that they hadn't expected her to make it. The treatment they gave her had only



Sarah Losinger and Fredye Factor

been used on 10 other people, and she said she felt like she was the only one the people there were working on. If I had breast cancer, that's where I would go. Coming right after her experience, the timing of me being a chair of Celebrating Women seems so right."

Fredye's experience with breast cancer comes from within her family.

"My dad's mother died at age 32 of breast cancer," she said. "We have lots of personal friends who have suffered from breast cancer. The fit is just right for us at this time."

Both women are approaching the luncheon with goals that extend beyond raising money and awareness.

"We always feel that you've had great success if everyone is anxious to come back next year," Fredye said. "If we do a good job, we'll ensure that people want to come next year."

And how can that kind of success be achieved?

"What makes the luncheon successful is hearing how people have been touched by breast cancer," Sarah said. "You feel like you've been there for someone. There's a personal connection."

Desperate Housewives star helps get Celebrating Women off on right foot

RICARDO CHAVIRA is best known as Carlos Solis, the husband of Gabby on the television show *Desperate Housewives*. But he's slowly becoming known for other work, as well.

"It's been really refreshing for me when people recognize me not for my work on TV but for my work on breast cancer," Ricardo said.

He did some of that work in April at the home of **Betsy Sowell**, where he charmed the crowd as the "mystery guest" at the kickoff coffee for Baylor Health Care System Foundation's 2011 *Celebrating Women* luncheon.

Ricardo told of the difficulties he faced after his mother was diagnosed with breast and ovarian cancer when he was just 8 years old.

"At times, it was a struggle," Ricardo said. "She was a single mother, trying to put us through Catholic school and give us a good upbringing. She had just dealt with a divorce, and then we were blindsided with this."

His mother lost her fight when Ricardo was 15, and his passion for breast cancer awareness was renewed in the last 2½ years, when both of his sisters were diagnosed with breast cancer.

And now he has a new concern. Ricardo has a daughter.



Seated, left to right: Geraldine "Tincy" Miller and Carol Seay; standing, left to right: Sharon McCullough, Sue Porter, Randi Halsell, Barbara Stuart, Ricardo Chavira, Helen Nixon, Christie Carter and Cindy Carter

"I have to worry about that, given my family history," he said. "She has half of my genetic makeup."

In 11 years, Celebrating Women has raised \$16 million for the fight against breast cancer at Baylor Health Care System.

That amount is possible in part due to the efforts of longtime Celebrating Women supporters like **Saks Fifth Avenue**, which has made gifts from its Key to the Cure campaign.

The 2011 Celebrating Women luncheon will be Friday, October 28, at the Hilton Anatole in Dallas. Tony Award winner and Oscar nominee **Diahann Carroll** will be the featured speaker.

For more information, call 214.820.4500, email celebratingwomen@BaylorHealth.edu or visit give.baylorhealth.com/celebratingwomen.



From the President

Great stories aren't just told. They're experienced.

This headline grabbed my attention, inspiring me to read a story about **Sidney Harman**, a man who revolutionized the audio industry.

When he was diagnosed with cancer, he said he didn't like it, but like the old adage says, "it sure concentrates the mind."

Harman went on to say that he's known lots of friends and family who have faced cancer. Without exception, they declared: "I'll beat this thing." They were sincere, but for them it meant placing everything else on hold to face the dragon.

Harman had a different view. He told the dragon to "go sit in the damn corner" because "I have important stuff to do." He refused for his life to be defined by his cancer. Instead, he chose to put a priority on his work, his family and his friends.

With the opening of the Baylor Charles A. Sammons Cancer Center at Dallas, we put the patient first. Every part of the new outpatient building was designed to better support patients like Harman who have "important stuff to do."

The beautiful 10-story, 467,000-square-foot facility is the flagship for more than 90,000 cancer patient visits each year. It is the latest milestone in our 35-year history of providing advanced cancer care. Most importantly, though, this facility will allow more patients to tell the dragon to "go sit in the damn corner."

Speaking of the attitude of survival, I just finished a great biography by **Laura Hillenbrand**, the author of *Seabiscuit*. Her latest book, *Unbroken*, is a World War II story of survival and redemption. The saga begins when a plane is shot down in the Pacific. **Louis Zamperini**, the subject of the book, survives the crash, setting into motion one of the most extraordinary odysseys of the war.

I couldn't help but see the parallels between the defining characteristics of Zamperini and Harman. They both positioned themselves for survival, using the power of positive thinking to persevere. Through persistence, resilience, faith and focus, they not only survived – they lived and experienced their own great stories.

My friend and boss, Baylor Health Care System president and chief executive officer **Joel Allison**, recently received the distinguished 2011 **B'nai B'rith National Healthcare Award**, which has recognized outstanding leaders in the health care field for 29 years.

Please join me in congratulating Joel and celebrating this prestigious national health care award for Baylor.

Rowland K. Robinson
President

Baylor Health Care System Foundation
Robinson@BaylorHealth.edu

Thompsons honored for gift at transplant reunion

MORE THAN 1,000 organ transplant recipients, organ donors and family members celebrated life and second chances on a beautiful spring afternoon seemingly made for the occasion.

The Harold C. and Annette C. Simmons Transplant Institute hosted its annual transplant reunion at the Baylor Tom Landry Fitness Center, where the theme was “Transplant to Triumph.”

Installations throughout the park related transplant recipients’ stories – how far they had come, what they had accomplished since and what they had learned during their transplant journeys.

The transplant surgeons and hepatologists on the institute’s medical staff were recognized for their efforts by **Göran Klintmalm, M.D., Ph.D.**, chairman and chief of the Simmons Transplant Institute



Dr. Jim Trotter, Jim and Angela Thompson and Dr. Göran Klintmalm

and chief of transplantation services at Baylor University Medical Center at Dallas and Baylor All Saints Medical Center at Fort Worth.

Dr. Klintmalm then offered a special honor, in the form of the **Barry and Ceil Newman Award**, to **Jim and Angela Thompson**. The Thompsons made a \$1 million gift last fall that created a

hepatology chair and a diagnostic liver laboratory at Baylor Dallas.

Jim Trotter, M.D., holds the chair and will lead the liver lab.

As many as 30 million Americans have some sort of liver disease. Chronic liver disease is considered one of the major causes of death worldwide, Dr. Klintmalm said.

“Dr. Trotter, the liver lab, the manpower and equipment, together, mark an enhanced commitment to hepatology research, which will lead to more accurate diagnoses for patients with liver disease and promote advancement in treatment,” he said while thanking the Thompsons for their generous support.

For more information about transplant initiatives at Baylor, contact Melissa Hamm at 214.820.2705 or Melissa.Hamm@BaylorHealth.edu.

GIFT PLANNING

Society members learn about cancer, legacies

PHILANTHROPISTS create legacies, something that will continue to benefit their community for decades to come.

In May, Baylor Health Care System Foundation honored donors who have created legacies through planned gifts at its annual **Boone Powell Sr. Society** luncheon.

This year, society members heard how their contributions have helped Baylor Health Care System develop a new cancer center and what its future may hold.

Marvin Stone, M.D., was recognized for his work in establishing, developing and operating the Baylor Charles A. Sammons Cancer Center at Dallas. Dr. Stone was the medical director of the cancer center and chief of oncology at Baylor Dallas from 1976 to 2008.

Alan Miller, M.D., Ph.D., chief of oncology at Baylor and medical director of the Baylor Sammons Cancer Center, tipped his hat both to Dr. Stone and the numerous philanthropists who have supported the cancer center.

“I’m the beneficiary of much of the groundwork that has been laid by many of the people in this

room and the foundation laid by Dr. Stone,” he said.

Dr. Miller related the historical efforts that have been undertaken to reach this point, then talked about the future.

Speaking in the 10th-floor conference center of the new outpatient cancer building, Dr. Miller spoke of the prospective growth in the number of cancer patients in the United States. These numbers are expected to increase by more than 20 percent in the next 10 years. This growth made the new outpatient cancer building and the first dedicated cancer hospital in North Texas a necessity.

Robert Mennel, M.D., an oncologist on the medical staff at Baylor Dallas, explored the past, present and future of cancer care. After noting several milestones in oncology, he said he foresees the focus of treatment shifting in the next 35 years from being therapeutic in nature to become more personalized and preventive.

For more information about the Boone Powell Sr. Society, contact Cynthia Krause at 214.820.7928 or Cynthia.Krause@BaylorHealth.edu.



Cynthia Krause with Boone Powell Sr. Society member Billye Bradley and E.T. Bradley



Boone Powell Sr. Society members Dr. Elgin Ware and Dr. Jerry and Sheila Arndt with Boone Powell Jr.

Membership has its benefits

The Boone Powell Sr. Society is open to those who have made commitments to Baylor from their estate plans. Membership is available to anyone who has left a bequest to Baylor in a will, named Baylor as beneficiary of a life insurance policy, IRA or other retirement plan, or named Baylor as a beneficiary through a charitable trust, gift annuity or other deferred giving arrangement. Boone Powell Sr. Society members receive:

- Complimentary lifetime garage and valet parking
- Recognition at an annual luncheon honoring Boone Powell Sr. Society members
- Exclusive invitations to lectures, seminars and select Foundation events
- Timely information, tips and professional gift planning counsel from the office of gift planning

Give while you live ... and later

SOME OF our loyal donors have discovered a way they can continue their giving to Baylor after they are gone. They make arrangements now to provide a bequest through their wills to establish endowments that will provide annual gifts in perpetuity.

For example, a donor couple has been making annual gifts of \$2,000 to Baylor for a number of years. They want their gifts to continue to support the program they are passionate about, even after they are gone. Therefore, in their estate plans, they have arranged for \$50,000 to be given as an endowment. In this way, an amount approximately equal to their previous annual gifts will come to Baylor each year beyond their lifetimes.

This kind of “foresight” endowment only releases the endowment *earnings* for the annual grant. This means that the corpus, or principal, of the endowment gift remains intact. Consequently, this couple’s annual gifts will continue for generations to come.

There are other ways to create an endowment gift. For example, this couple could have established a gift annuity with cash or appreciated securities. During the rest of their lives, they would have received an annuity income stream to help support them in their retirement. Later, after they were gone, whatever assets remained could be used to establish an endowment gift.

Are you interested in learning more about endowment giving? If so, we have information, without obligation, to provide you. In addition, we can explain all of this in detail and help you explore the possibilities and benefits.

For more information, contact Cynthia Krause at 214.820.7928 or Cynthia.Krause@BaylorHealth.edu.

Baylor Health Care System does not provide legal, accounting or tax advice. Please consult your professional advisors for assistance in these areas.

Chi Omega helps fund comfort room

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a member of the Baylor Health Care System Foundation board. "There was nothing from the hospital. They quickly shuffled us to a separate floor and got us out of the maternity wing."

Through a grant to the Foundation, Chi Omega is helping ensure that families will get the support they need when a newborn baby passes away at Baylor University Medical Center at Dallas.

Chi Omega made a \$50,000 gift of proceeds from its 2010 Christmas Market for the bereavement program at the Blanche Swanzey Lange Neonatal Intensive Care Unit. Those funds will help construct a comfort room.

This private room will be the heart of the bereavement care program in the Lange NICU. It will create a place away from other patients and medical staff where families can gather to say goodbye and begin to grieve the loss of their baby. Currently, when a couple faces the passing of their child, there is no private place for them to spend the final moments of their new baby's life. The families often have very little time remaining to spend with their babies. What time they do have is priceless, and the clinical area is not the most serene or comfortable place.

"I witnessed firsthand what this kind of

program could do for young parents and families to assist them in dealing with their grief," Carolyn said. "It feels great to embrace these people and give them a means to acknowledge the life that has been lost. A lot of times, I think fetal death, miscarriage, stillbirth and early infant death are not acknowledged. To the families, the baby is just as whole and perfect as any other child they have had."

The bereavement care program will annually serve 150 to 175 families of newborns who will not survive. Construction of the comfort room is scheduled to be completed by this fall.

Foundation board member **Brian Casey** also contributed a \$25,000 gift for the comfort room, and the **Agnes Cluthe Oliver Foundation** gave \$7,500 to help make this much-needed space a reality.

Carolyn said Chi Omega, which supports eight beneficiaries per year through its Christmas Market, is pleased to support the program.

"Baylor has had an impact on generations of Chi Omegas. Many were born in the Florence Nightingale Maternity Hospital," she said. "Many of us feel that there is a real need for our daughters, granddaughters and their families."

Baylor McKinney celebrates topping out



Left to right: Judy Gay, Bob Sanford, Jan Hall, Jim Orr, Nan Riederer and Ron Lockard

BAYLOR MEDICAL CENTER AT MCKINNEY is scheduled to be complete in July 2012, and the hospital marked an important milestone along that path in May, commemorating its topping out.

"This is a great way to celebrate our progress to date and get a sense for the excitement building for the future," said Baylor McKinney president **Scott Peck**. "The MEDCO team has done a phenomenal job so far, and already, you get a feel for how first class Baylor McKinney will be. It is rewarding to see the level of interest that already exists among community leaders, physician leaders and civic leaders. Without their support and advocacy, Baylor McKinney would not be possible. I'm also grateful for the visionary leadership of the Baylor board and senior leaders who wisely decided it was time to build a hospital that could serve a rapidly growing community."

Baylor McKinney will open on 58 acres at the intersection of U.S. Highway 380 and Lake Forest Drive. The 469,000-square-foot hospital will have a 95-bed capacity when it opens.

According to recent census data, Collin County is one of the fastest-growing counties in the nation in numbers of people, outpacing Denton and Dallas counties. Baylor McKinney is being built with the capability to accommodate the future needs of the region, as it has the potential to ultimately become a 400-bed facility.

Recruitment of physicians and leadership continues in anticipation of the opening of the hospital, and two members were recently added.

Melissa Winter, M.S.N., R.N., chief nursing officer for THE HEART HOSPITAL Baylor Plano, will join Baylor McKinney as chief nursing officer and chief operating officer this summer. She has been a part of the Baylor family since 2006 and played a key role in THE HEART HOSPITAL Baylor Plano earning a national Summit Award in 2010 for sustained excellence in patient satisfaction.

Steve Roussel is the vice president of finance and hospital financial officer at Baylor McKinney. He has been a valued member of the Baylor financial services team for 11 years and also serves as vice president of finance and hospital financial officer for Baylor Medical Center at Waxahachie. He will assume his full-time role with Baylor McKinney this summer. In addition, Steve will serve as Baylor McKinney's compliance officer.

FOCUS ON RESEARCH

Pilot study seeks to discover possible genetic cause of heart valve disorder

THE MITRAL VALVE is an important structure in the heart that helps control blood flow on its left side. It opens and closes with each heartbeat, working like a one-way gate, letting blood flow down from the atrium to the ventricle.

In someone with mitral valve prolapse, the valve doesn't close correctly after blood is pumped through, and this can lead to problems. Left untreated, some cases can progress to atrial fibrillation and heart failure.

Mitral valve prolapse affects more than 150 million people worldwide. It is caused by a physical abnormality in the valve, such as thickening or excess tissue. What causes these changes remains a mystery, but a team from THE HEART HOSPITAL Baylor Plano, Baylor University Medical Center at Dallas and Baylor Institute for Immunology Research has launched a pilot study to find out.

The group includes **Robert Smith II, M.D.**; **William Brinkman, M.D.**; **Paul Grayburn, M.D.**; **Michael Mack, M.D.**; **William Ryan III, M.D.**; **William Roberts, M.D.**; **Robert Hebler Jr., M.D.**; **Baron Hamman, M.D.**; **Giovanni Filardo, Ph.D.**; and **John Adams, M.P.H.**

Earlier studies have suggested a genetic basis to the disease, though no specific gene has been identified.

This study compares the valve tissue and blood of 90 people with mitral valve prolapse to a control group with normal mitral valves. It was designed to identify products of gene expressions that may be overrepresented in mitral valve prolapse and discover how the over-expression relates to the severity of the disease. The ultimate goal is to identify dysfunctional

genes or products of gene expression that eventually may serve as targets for new drugs that prevent disease progression.

Studying gene expression using microarray analysis technology will allow thousands of genes to be analyzed at the same time. This will help create a big-picture view of what is occurring under different

conditions.

By identifying patterns of change, gene expression profiling may aid in predicting disease progression or in developing earlier or less invasive treatments for this disease.

Data from this study will provide key information for further investigation into the causes of mitral valve prolapse. Results could potentially be used to design larger studies focusing on pre-operative risk assessment, prediction of optimal timing for operative intervention and prediction of how durable the valve repair will be.

Many of the same physicians are involved in a concurrent pilot study investigating the relationship between genetics and aneurysms of the ascending aorta.



Heart valve diagram

In memoriam: Jane Hamilton, mother, philanthropist, poet

JANE HAMILTON, longtime Baylor Health Care System benefactor and widow of **Jack Hamilton**, died peacefully at home on May 20th, surrounded by family. Her obituary read: "She was ready to be with her Lord and her love, Jack."

The Baylor Jack and Jane Hamilton Heart and Vascular Hospital in Dallas was one of the Hamiltons' many legacies.

In describing Jane, Jack once said, "She's such a delight to me. She's always done her own thing, said what she wanted to say. Doing what everyone else did wasn't her thing."

Her daughter, **Diane Hamilton Buford**, said, "If there were one word to describe my mother, it would be 'unique.' She was a painter, a poet, and loved to tell a good joke."

Jane wrote several poems about Baylor, including poems for the groundbreaking and opening of



Jane and Jack Hamilton

the Baylor Hamilton Heart and Vascular Hospital.

Shortly before Jack's death in January of this year, the couple reminisced about their long involvement with Baylor and the many people they loved on the Baylor campus.

"Baylor's been family to us," Jane said. Jack said he and Jane believed they had made a significant

contribution to the heart health of their community through the lead gift that named the hospital.

Jane is survived by her two children: son **Dan Hamilton** and his wife, **Gena**; and daughter **Diane** and her husband, **Kim**. She was also "Nannie" to seven grandchildren.

Jack and Jane enjoyed 63 years of marriage. At Jane's memorial service, pastor **Bill Brewer**, spoke about how perfectly matched they were.

"It was always 'Jack and Jane.' The kids said it was hard to talk about one without the other," he said. "Jack was the caretaker, but Jane was the caregiver. Jack may have paid for the house, but Jane made it their home. Jack was the philosopher; Jane was the poet."

He closed by saying, "Jack and Jane were better together."

And Baylor is a better place because of both of them. We will miss them dearly.

ON THE BOARD

LEE ANN WHITE

LEE ANN WHITE has been a member of the Baylor Health Care System Foundation board since

2008. The senior vice president of public relations for PlainsCapital Corporation, Lee Ann is a native of Monette, Arkansas, where her mother was a school-teacher. She is married to **Alan** and has three children – **Michael Fowler**, **Amy White** and **Erin Burgess**. Erin and her husband, **Nathan**, recently gave Lee Ann and Alan their first grandchild, **Noah Davidson Burgess**.

What is a special story that you have about an experience with Baylor?

When my son, Michael, had pneumonia, we had to go to the emergency room. I was impressed with the emergency room and the excellent care shown by all of the Baylor staff. Dr. Leonard Riggs even called to check on me and Michael while on his vacation in California!

What is one of your favorite connections to the Foundation?

The board meetings keep me abreast of all of the latest health care news and developments. The staff also helps keep me informed of the latest trends and breakthroughs in medicine.



Lee Ann White

What role do you have in a cause or non-profit organization?

I am on the board of the Phoenix Houses of Texas. This year, Alan, and I are the Phoenix Houses of Texas Triumph for Teens luncheon chairmen. We raised more than \$1 million in 60 days.

Tell us about your education and professional background.

I attended Arkansas State University. Professionally, I have had a multitude of experiences, but I truly found my calling in business development and public relations and have been involved in this type of work for most of my career.

What are your hobbies or interests?

Dallas Cowboys football games, exercise, collecting art with Alan, family and enjoying our new grandson.

What is the highlight of your career?

Being able to work at PlainsCapital on a daily basis

What are your goals in life?

To help people who are less fortunate

Tell us about your dream vacation.

La Jolla, California, spending time with our dear friends, **Lana and Barry Andrews** and their family, **Natalie and Mike McGuire** and their girls.

Most would be surprised to know that ... I was in the Arkansas all-state choir.

What actor would you like to portray you in a movie, and why?

Catherine Zeta-Jones, because she's so glamorous.

Allison receives prestigious award from B'nai B'rith

BAYLOR HEALTH CARE SYSTEM president and chief executive officer **Joel Allison** received the 2011 **B'nai B'rith National Healthcare Award** in May.



Joel Allison

"Joel Allison's dedication to community service, excellence in leadership and outstanding philanthropic commitment in the health care community exemplifies the spirit of this prestigious award," said Allan Jacobs, interim president of B'nai B'rith International.

The organization also praised Baylor's commitment to providing patient prevention and wellness services that expertly combine ministry and health care. During the award's 29 years, its recipients have shown a history of dedicated leadership and outstanding civic involvement in the health care field.

B'nai B'rith International is the world's most widely known Jewish humanitarian, human rights and advocacy organization.

Teen supports spinal cord injury research at BIR with fundraiser

Continued from page 1

Approximately 259,000 people in the U.S. have a spinal cord injury, according to the Foundation for Spinal Cord Injury Prevention, Care & Cure. There are an estimated 12,000 new cases each year.

Tori was diagnosed with a spinal cord tumor when she was 3, but she tries to not let her damaged leg be an obstacle.

"I can do the same things everyone else does," she said. "I just do them a little differently."

When she was a toddler, Tori had balance problems and stomach pain, but doctors didn't know why until an MRI showed a large tumor on her

spinal cord. They did not know whether it was benign or malignant, or how it would affect her life, said **Tracy Roberts**, Tori's mother. Fortunately, it turned out to be benign, but Tori was not out of the woods yet. Doctors said there was a 50-50 chance she would be paralyzed.

During months of therapy, she learned to walk again. Then in 2004, she had another surgery to correct a curved spine. She had two titanium rods, 12 screws and two hooks inserted, but she was not about to let that slow her down.

The nerve damage has affected her balance, but Tori swam on the Carroll High School swim

team, participated in cheerleading and soccer and has gone rock climbing.

She also started walking in 5K fundraisers with her dad. Walking for charity became a way for father and daughter to bond. They would walk, go eat ice cream and chat.

It was during one of those post-walk conversations that Tori told her dad that she wanted to start her own walk to raise money and awareness for spinal cord injuries.

"I want to find a cure for nerve damage," she said. "Unless they find a cure, someone with this is never 100 percent."

Dr. Meade shares advances in breast reconstruction with Foundation board

BREAST CANCER will strike one in eight American women in their lifetime.

Part of the treatment can be as devastating as the disease itself: the removal of one or both breasts via a mastectomy.

Ricardo Meade, M.D., a physician on the staff of Baylor University Medical Center at Dallas, works to help breast cancer patients deal with that consequence by performing breast reconstruction using advanced techniques.

"It's my role to restore normalcy, dignity and self-esteem to my patients by means of the best possible combination of surgical precision and technology available," he said during a presentation at the May meeting of the Baylor Health Care System Foundation board.

His experience includes 13 years of plastic surgery training and practice which include a residency at Duke University Medical Center. During that time, he also completed a microsurgery hand fellowship where he learned techniques he still utilizes. Dr. Meade further refined his skills in cosmetic surgery by completing an aesthetic surgery fellowship at The University of Texas Southwestern Medical Center.

Dr. Meade remains actively involved in

cosmetic surgery education by teaching plastic surgeons in training. He serves as director of the resident cosmetic clinic at Baylor Dallas and holds a faculty teaching position in the UT Southwestern plastic surgery residency program.

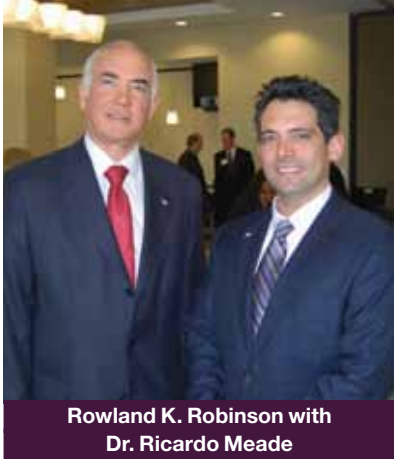
Education is invaluable to breast cancer patients, as well, he said.

Dr. Meade referenced an article published last year in *The New York Times* that said only 30 to 40 percent of women in New York were receiving reconstruction after a mastectomy. Much of the reason was due to the women not knowing their options.

"We are doing things now that I never thought it would be possible to do," Dr. Meade said. "The game has changed with all the options we have today."

In his presentation, Dr. Meade spoke of several of those options, which include a framework he called a "biological bra" for rebuilding the breast. This framework is derived from pig's skin, which decreases the chance of the body rejecting it.

Other techniques involve removing tissue from one part of the body and using it to create a new breast, including muscles from the side of the torso and muscles, fat and blood vessels from the abdomen. Using these tissues can create the closest approximation to the original breast tissue.



Rowland K. Robinson with Dr. Ricardo Meade



*From the
Chairman*

It is an inherent characteristic of most people to want to reach out to others. We feel inclined to help those less fortunate or those in peril. It is but one manifestation of the biblical injunction to "love thy neighbor." It is upon this human trait that the Baylor Health Care System has been built.

My association with the System goes back many years, and in my opinion of all the organizations that serve critical social needs, Baylor is among the very best. The System provides essential health care in an expert fashion to millions of people without regard to race, ethnicity, social status or financial means. In my view, Baylor is the perfect example of how a faith-based organization can enhance the quality of life of a vast community of people.

As the end of the fiscal year approaches, we are in the latter stages of the annual Board Giving Campaign. It is at this time that we ask all those who serve the System on the various boards to help this great health care organization fulfill its godly mission. As board members, we know the great good that Baylor serves.

It is our hope that every board member will make a contribution to this effort. Some have a greater capacity for giving than others, but whatever the amount, it is important that every member show support for this great institution.

When you are close to the operations of Baylor, you can't help but be impressed and touched by the care and concern that is extended to so many in need.

Giving by members of the Foundation board is on an upward trend that saw 94 percent contribute in the last fiscal year. During this year's campaign, which concludes at the end of July, we are happy to report that we have already seen 85 percent make a donation that will enable Baylor to continue providing the quality care its patients have come to expect.

For those who have already given, I express my sincere gratitude, and for those who may have overlooked this opportunity, I urge you to act today to help us move in a united fashion in support of the Baylor Health Care System. Of course you may designate your gift for any specific purpose you determine or simply commit your generosity to the broad need of the institution.

Your help will be appreciated and noticed throughout the area served, and I predict that you will find a sense of gratification in the process. Thank you for all you do!

Erle Nye

Chairman, Board of Directors
Baylor Health Care System Foundation

PHYSICIAN PROFILE

FREDERICK FREITAG, D.O.

FREDERICK FREITAG, D.O., is the new medical director of the comprehensive headache center in the neuroscience section and the director of headache medicine research for Baylor Research Institute. He joined Baylor in 2010 after 27 years at the Diamond Headache Clinic in Chicago to develop a center of excellence in headache medicine. He has done research on every drug approved by the FDA for migraines and published more than 150 articles. Dr. Freitag is certified by the United Council for Neurologic Subspecialties in headache medicine and holds a certificate of added qualification in headache medicine from the National Headache Foundation. He is the vice president of the National Headache Foundation and a member of the U.S. Headache Guideline Consortium.

Tell us about your education.

I received my B.S. in biochemistry from the University of Wisconsin and my D.O. degree from the Chicago College of Osteopathic Medicine. I took my residency in family medicine in Cleveland, where I also took additional training in headache medicine.

What are your hobbies or interests?

Wine-making, history, especially Judeo-Greco-Roman from about 100 B.C.E. to 300 C.E., also the Revolutionary War period and World War II. I collect stamps and antiquities.

Describe your family.

I have been married to **Lynn Stegner** for

33 years, and we have three daughters. **Crescentia** is a sophomore at the University of Wisconsin, **Abigail** is graduating from high school and will go to Carthage College in the fall, and **Genevieve** is finishing her junior year of high school. All my children are far smarter than I, and my wife is the CFO of a privately held company.



Dr. Frederick Freitag

Do you have a childhood experience that shaped how you think?

My close interaction with my grandparents greatly influenced my belief that if we all took more care in maintaining

relationships between family members we would have a much more caring and supportive society.

What is the highlight of your career?

Every time a patient thanks me for having helped them

Do you have a catch phrase?

Carpe diem, quam minimum credula postero. Most people know only know the first part, and it is translated wrong in popular culture. What Horace meant was to enjoy the day, take no thought for tomorrow.

Most would be surprised to know that ... I have a larger collection of Greek and Roman antiquities than exists in all of the museums in North Texas.

The world would be a better place if ... When Genevieve was finishing second grade, her teacher told her students: "Do the best you can each day. No one can ever ask any more of you." I try to live this each day and can only imagine what the world would be like if this was the driving force of each person.

MELISSA HAMM has always had an interest in helping others, and it's shown in her career choices. She has worked as a crisis interventionist at a rape crisis and domestic violence center. She has served as a development director for Maverick Boys and Girls Club, which works to keep children engaged and off the street. She performed the same role at Dallas Academy, a private school teaching children with learning differences.

In November, Melissa joined Baylor Health Care System Foundation as a senior officer. She oversees fundraising for transplant services, Our Children's House at Baylor, women's and children's services and the community hospitals in Garland and Waxahachie.

"What has impressed me most about Baylor is that all employees live the mission," she said. "I see people asking where something is, and employees taking time out to help them find it. I see it every day."

Melissa came to Dallas from her hometown of Amarillo in 2003 to be closer to her sister and her family.

"My sister and I are very close, and she always has my back if I ever need anything," she said. "Her boys are 14 and 11, and I've been lucky to see them grow into teenagers. It's been really special for me to do that."

Melissa comes from a family involved in education. Her mother, who she calls "an amazing person and one of the smartest people I know," is a retired elementary school counselor. Her father ("the kindest and funniest person I've ever come

MEET THE STAFF



Melissa Hamm

across") is a retired high school teacher.

"I couldn't get away with much in high school," she said, smiling.

Her stepmother is a high school teacher, too, who is "so full of historical knowledge. If you ever have a question about anything in history, she knows the answer."

Melissa will soon be extending her family. In August, she and high school classmate **David Dalton** will exchange vows in Mexico.

"We went to high school together, though we were not high school sweethearts. We didn't even know each other that well," she said. "Nine years ago, we ran into each other at a college football game and became best friends. We've been together for two years, and we got engaged in December. The best thing I've ever done was realizing that my best friend was the person that I love."

Golf event raises \$20,000 for brain tumor research

BAYLOR HEALTH CARE SYSTEM FOUNDATION was the beneficiary of a golf tournament in late April that will help fund brain tumor research.

The Nick Gonzales Charity Golf Tournament raised approximately \$20,000 to support brain tumor research conducted at Baylor University Medical Center at Dallas by **Karen Fink, M.D., Ph.D.**

The event was hosted by the **Nick Gonzales Foundation for Brain Tumor Research** in memory of **Nicklas Gonzales**. Nick was stricken with a malignant brain tumor the day after Thanksgiving 2005, and he passed away in December 2006.

Dr. Fink is involved in three clinical trials at Baylor Dallas studying the effects of varying chemotherapy regimens and an electrical field-generating

device. Upcoming trials will investigate another chemotherapy combination and three vaccines.

Baylor Health Care System Foundation is providing another opportunity to play golf to benefit community health care this fall – the 10th annual Grand Rounds® Golf Tournament on October 3 at the Northwood Club in Dallas.

Grand Rounds provides vital funding for graduate medical education at Baylor, which trains more than 200 residents and fellows each year. Support helps ensure the future of graduate medical education at Baylor and sustains a valuable asset for North Texas. Last year, Grand Rounds raised more than \$250,000.

For more information, contact Andrea Steiger at 214.820.2699 or Andrea.Steiger@BaylorHealth.edu.



Dr. Karen Fink



Dr. Mark Armstrong



Dr. David Winter

Six Baylor hospitals ranked among area's best

U.S. News & World Report named six Baylor Health Care System hospitals to its first Best Hospitals Metro Area ranking for Dallas/Fort Worth, more than any other North Texas hospital system.

Baylor University Medical Center at Dallas, Baylor Institute for Rehabilitation, Baylor Regional Medical Center at Plano, Baylor All Saints Medical Center at Fort Worth, Baylor Medical Center at Irving and Baylor Medical Center at Garland are included on the list.

To be ranked in its metro area, a hospital had to score in the top 25 percent among its peers in

at least one of 16 medical specialties.

Drawing from a field of nearly 5,000 hospitals nationwide, the new rankings recognize 622 hospitals in or near major cities with a record of high performance in key medical specialties. The list includes 132 of the 152 hospitals already identified as best in the nation by *U.S. News & World Report*.

"The number of Baylor hospitals on this list shows the strength and the breadth of Baylor Health Care System," said Joel Allison, the System's president and chief executive officer. "It is proof of our commitment to provide advanced, quality care to all the communities and patients we serve."



American College of Physicians elects Dr. Mark Armstrong, Dr. David Winter to Mastership

THE AMERICAN COLLEGE OF PHYSICIANS, a national organization of more than 113,000 internists, has elected two physicians active on the Baylor medical staff to Mastership – a recognition reserved for a select number of candidates who demonstrate strength of character, integrity, bravery, perseverance, compassion, devotion, steadiness and clinical competence.

Mark Armstrong, M.D., John Binion Professor of General Internal Medicine and chief of the division of general internal medicine at Baylor University Medical Center at Dallas, and **David Winter, M.D.**, chief clinical officer and chairman of the board for HealthTexas Provider Network, are the most recent additions.

Presented annually since 1923, Mastership has been bestowed upon only 53 Texans, eight of whom serve on a Baylor medical staff.

When selecting its Masters, the ACP emphasizes service as a mentor, advocacy for quality in medicine, a commitment to social justice, a deep interest in people and the creation of communities of medicine.

In addition to his roles as professor and chief, Dr. Armstrong, who has been on the medical staff at Baylor Dallas since the 1970s, is director of Baylor Dallas' outpatient internal medicine continuity clinic and medical director for Baylor Uptown. He is very active in the ACP, serving two terms on the board of directors of the Texas chapter and previously serving as governor for the North Texas chapter.

Dr. Winter, who has been affiliated with Baylor Health Care System since the mid-1970s, also has served on the board of directors of the Texas chapter, as governor of the North Texas chapter and as a board member of the American College of Physicians political action committee. He is an adjunct professor in the school of management at the University of Texas at Dallas.

To learn more about any Baylor Health Care System Foundation initiative, contact the Foundation at 214.820.3136 or [email thetorch@BaylorHealth.edu](mailto:thetorch@BaylorHealth.edu). Write to us at 3600 Gaston Avenue, Barnett Tower Suite 100, Dallas, TX 75246-1800.